



ASHLAND OPTIMIST CLUB
 Meeting Saturday Mornings @ 7:30 A.M.
 Optimist Drive, Ashland, MO 65010

November 13, 2021

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Jan Palmer	President
Lisa Barnum	VP
Dana Plunkett	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

COMING UP

Board Meeting:

December 9, 2021, 7:00 p.m.

**TAKE A MINUTE TO REMEMBER
 THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Jacob Zagorac- 2019
- Joy Woods- 2021
- Steve Walsh-2021

Next week:

Breakfast: Nov. 20- Chris Felmlee, Glen Sapp, Leigh Kottwitz

Program- Jessica Ward- In Any Event

The Ashland Optimists sponsored their annual Veteran's breakfast on Veterans Day in conjunction with the Ashland FFA Club. Close to one hundred veterans signed in. We served them and any family members that attended a delicious breakfast, free of charge. Thank you to everyone who came out and helped! John Dougan registered veterans and widows for an art piece from Hammer'd MetalWorks, a veteran's owned business in Ashland. Bill Casey was the eventual winner.

The Ashland Optimist Board meeting was held Thursday, Nov. 11th in the evening. The Board discussed Dime-a-Day donations to the Optimist Foundation, ways to improve the club Facebook pages, and preparing for a social. The Board also received reports on the Veterans breakfast, the Spooktacular (we had over 400 come through!), wreath sales (which were fairly close to last year's total), and the fact that youth basketball has started. The pool has turned in a request to the city of Ashland for reimbursement towards their losses of approximately \$3,000 this year. The Board's final responsibility was to adopt the Non-discrimination Statement for our Club, following the wording of the Optimist International's statement.

After Barrett gave the Board report, he also gave updates on when we might be able to restart Bingo. Our biggest concerns involve having enough Optimist members to volunteer and having enough players to break even. Some of the ideas Barrett mentioned included starting back twice a month and having a tiered pay-out, which would depend on the number of players.

We are still looking for people interested in joining Breakfast Teams. You would only have to cook every other month and all supplies are provided by the Optimist club. If you are interested in helping, please contact President Jan Palmer at palmadore@yahoo.com or Letitia at teenibrz@gmail.com.

Our speaker this morning was one of our newer members, Jennifer Lawson, who is a nurse in the Cardiac Cath lab at the Truman Memorial Veterans Hospital in Columbia. She stated that she moved to the area in 2009 to be closer to family. She started as a candy striper at the age of 14 and is currently getting her Doctorate in Nursing. Over the years, she has worked all over the World, including in Saudi Arabia and the island of St. Thomas. Her days currently start at 6:30 a.m. and frequently don't end until after 7:00 in the evening, but she enjoys her work. She talked about the level of burn-out that many younger nurses are dealing with in the past few years, which has led to many of them leaving the nursing profession. She talked about the amount of money that some of them can make as traveling nurses, but with the knowledge that they may not have a position to return to once their contract is finished.

Jennifer shared many stories from her years as a nurse including one set during the flood of 1993 when she was working in St. Louis at St. Louis University while the city of St. Louis was split in two by the floodwaters. Many of their patients had to go to Barnes Jewish Hospital and they had patients that normally were seen at Barnes who were only able to get to their hospital. This was before records were online, which made it difficult to provide optimal care for the patients from Barnes. For those who weren't at breakfast, you missed many more colorful stories of her more than forty years in nursing.

After she finished sharing, she drew for the Attendance drawing. Eric Barmann, Skip Wills, and Mike Inlow had their chance at riches, but the pot will continue to grow.

Letitia DenHartog