



ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

September 4, 2021

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Jan Palmer	President
Lisa Barnum	VP
Dana Plunkett	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

COMING UP

Board Meeting:

September 9, 2021 7:00 p.m.

**TAKE A MINUTE TO REMEMBER
 THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Jacob Zagorac- 2019
- Joy Woods- 2021
- Steve Walsh-2021

Next week: Breakfast: Sept. 11- Ernie Wren, Dave Taylor, and Dayton Grover
Program- John Albright- dog training

There will be an Optimist Board meeting at 7:00 on Thursday, Sept. 9th

A number of our regular breakfast meeting attendees, including Rich Ward (gravy), Bernie Bartel (scrambled eggs and ham), President Jan Palmer (French toast casserole), and Leigh Kottwitz (chocolate chip muffins) pulled together a delicious breakfast when the scheduled team wasn't available. Thanks for doing such a great job!

Jan shared a thank you note that had been sent to the club from the family of Jeanne Sapp who used our building for her memorial. She also talked about Celebrate Community, a joint initiative of the Optimists, Kiwanis, Lions Clubs, and Rotary International to focus on local community service during the week of Oct. 10-16, 2021. Since this is the first year, they have limited the project options to Environmental, Food Insecurity, and Health & Wellness. We hope to work with area groups, including possibly the Hartsburg Lions Club.

Barrett Glascock mentioned that Lonnie Gilpin, the father of member Lester Gilpin, passed away on Thursday. He also mentioned that Nancy Nicholas has stepped back from the Southern Boone Buddy Pack program and that Krista Moore, who has been working with her, will take her place.

Our speaker this morning was Alicia Ozenberger with ACT Missouri, a statewide prevention catalyst that promotes safe, healthy, and drug free communities. She was talking about their SADD program (Students Against Destructive Decisions). Even though Southern Boone doesn't currently have a SADD chapter, there are sixty active chapters across the state of Missouri. They provide peer to peer counseling and advocacy to school leadership and government. SADD also provides programs, such as Rock the Belt (for seatbelt usage), Is It Worth the Risk? (teaching about drinking and distracted driving), SADD Shines (mental health issues), and Text Less/Live More (to control cell phone usage). SADD has been doing an annual conference called Speak Hard for eighteen years, with between 200-350 participants. They also provide a program called PROM (Please Return on Monday) to raise the awareness of youth risks before, during, and after Prom. If you want more information, you can go to www.actmissouri.org/sadd.

When Alicia was finished with her presentation, she drew for the Attendance drawing. Mike Howard, Doug Smith, and Fred Klippel had their chance at riches, but since none of them were in here this morning, the pot will continue to grow.

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