



April 2, 2022

"You cannot do all the good the world needs, but the world needs all the good you can do."

**Optimist Board**

Jan Palmer	President
Lisa Barnum	VP
Dana Cafourek	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

**COMING UP**

Board Meeting: April 14

**TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Jacob Zagorac- 2019
- Joy Woods- 2021
- Steve Walsh-2021
- Kristi Savage Clarke 2022

**Ashland Optimist Bulletin  
4/2/22**

**Next week:**

**Breakfast: Apr. 9- Barrett Glascock, Shawn Steelman, Jim Green  
Program- Eric Schmeck- Manager, Southern Boone County Public Library**

**Family of Christ Lutheran Church will be holding their annual fish fry Apr. 8th from 4-7 p.m. at their church, located at 408 S. Main. It will be drive-thru only with the adult plates costing \$15.**

**The Fulton Breakfast Optimist's Club will hold their fish fry Apr. 15th from 11-1 and 4-6 p.m. Adult tickets are \$15, \$6 for children 6-12 years old, and free for children under 5. If you wish to save a dollar, call Pat Brauner and leave a message at (573)642-3535.**

We enjoyed an incredible breakfast this morning of breakfast sliders, cheesy bacon hash browns, and plenty of fresh fruit all provided by Robert Blake, Bern Bonderer, John and Ben Travelos.

The Ashland Chamber of Commerce will be holding their Annual Awards Banquet on Thur. April 21 in our building. As we have done in the past, we have provided breakfast, for which they reimburse us. Anyone willing to help can contact Barrett Glascock at [barrettglascock@gmail.com](mailto:barrettglascock@gmail.com). You will need to be at our building by 6:00 a.m. to start cooking.

Bruce Glascock reminded me this morning that the Cedar Valley Riders and the Ashland Optimists will be hosting the Cattleman Days Rodeo this year on Aug. 26 & 27th. Please get these dates on your calendar because Optimist help will be needed.

The subject of Bingo was brought up again since it is now April, but our problem is that we still need more people letting Barrett know that they are willing to help before we can even consider restarting our Bingo games. If you are willing to help, please contact Barrett before the next Board meeting on April 14th.

The Board is also looking for people interested in being Officers. If you are interested or have someone that you think would be worthy, please let President Jan Palmer or Barrett know by the end of the month.

Our speaker this morning was Ronda Giger, Regional Ombudsman Program Director. She supervises the central nineteen county of Missouri through Aging Best, which used to be called Area Agency on Aging. Ombudsman comes from a Swedish word which means representative and Aging Best serves as a representative to 170 long-term care facilities in our area. They provide free, confidential services to assure the rights of residents in long-term care, provide assistance with long term placement, as well as solving problems and complaints of residents and their families. They are not mandated reporters, but do investigate complaints and work to find solutions.

Their biggest need at this time are volunteers with a passion for service. All volunteers are provided with state training, as well as back-up from the director. If you are interested, you can call Aging Best at (800)309-3282 or go to their website at [agingbest.org](http://agingbest.org).

Ronda also spoke of the need for Durable Power of Attorney for Health Care form, which can be accessed for free through the Missouri Bar at <https://powerofattorney.com>.

After Ronda was finished speaking, she drew for the Attendance drawing and Dan Kennish was thrilled to announce, "It pays to attend!"

*Letitia Den Hartog*  
[ashlandoptimist.org](http://ashlandoptimist.org)