



August 20, 2022

"You cannot do all the good the world needs, but the world needs all the good you can do."

**Optimist Board**

Jan Palmer	President
Lisa Barnum	VP
Dana Cafourek	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

**COMING UP**

- Rodeo Aug 27
- Pool closes on Labor Day
- Board Meeting: Sept 8
- Fall Festival Sept 10
- Bingo restart Sept 23

**TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Josh Zappa- 2019

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**Next week:**

**Breakfast: Aug. 27- Bern Bonderer, Robert Blake, John Travelos**

**Program- Landon Bartel- trip to Kenya with Hope Ventures**

**Rodeo this coming weekend! We will need help Friday and Saturday in the Beer Garden and the West Concession stand.**

**We are planning to restart Bingo on Sept. 23rd, but we are still looking for additional help in the kitchen, as well as in the Bingo window and on the floor. Our hope is to continue playing on the second and fourth Fridays of each month while we rebuild our teams. The prizes will be tiered, depending on the number of players.**

A fine breakfast was provided this morning by President Jan Palmer and Bernie Bartel, including a delicious apple cake. Donna Wobbe is part of the team but was not able to help after her mother fell and broke her hip yesterday.

Jan will be at the fourth quarter Optimist Eastern District Convention in St. Louis this coming weekend where our club will be receiving a Governor's Choice Award. Ernie Wren and his wife, Danna, will also be attending as he is sworn in as Governor elect for the district.

Our speaker this morning was Brenda Schienders with Rape & Abuse Crisis Services (RACS), out of Jefferson City. They provide services for women, children, and men who have been affected by rape, domestic violence, stalking, and human trafficking, sometimes by providing shelter in undisclosed locations, with separate locations for the women and men. They are nonprofit and all of their services are free. Because Missouri has the third highest incidence of domestic violence in the United States, RACS provides a 24-hour crisis hotline (800-303-0013) year-round, as well as counseling, advocacy, shelter, and referrals to their clients. They service nine counties (Cole, Osage, Maries, Miller, Morgan, Moniteau, Gasconade, as well as Southern Boone and Callaway counties), over 5,000 square miles, and are funded through grants.

Brenda shared many terrifying statistics and stories from the clients that she has worked with as an advocate. Every nine seconds someone is being physically abused, with 91% of victims knowing their abusers. As an advocate, Brenda sits between victims and their abusers in court and may provide them with clothes and other items that they had to leave behind to escape an abuser. RACS also provides three licensed professional therapists for any counseling needs and a program of sixteen sexual assault nurse examiners (SANE) to find enough evidence so that rapists are convicted.

After her emotional and disturbing talk, she drew for the Attendance drawing. Janet Popejoy and Maddie Bloss had their chance at riches, but Norm Geary was thrilled to say, "It pays to attend" when his number was drawn

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