



June 18, 2022

"You cannot do all the good the world needs, but the world needs all the good you can do."

**Optimist Board**

Jan Palmer	President
Lisa Barnum	VP
Dana Cafourek	VP
Missy Bonderer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	2021
Bernie Bartel	2021
Ken Bishop	2021
Shawn Steelman	2022
Robert Blake	2022
John Dougan	2022

**COMING UP**

**Board Meeting: July 8**

**TAKE A MINUTE TO REMEMBER  
THOSE WHO MADE US STRONG:**

- Carroll Sapp – 1987
- “Buddy” Glascock – 1988
- William Burnett – 1992
- Remus James – 1994
- Ron Marley – 1997
- Cecil Vaughn – 2001
- Billy Jo Sapp – 2004
- Marvin Sappington – 2004
- Arcie Sapp – 2005
- Kenneth Nichols – 2006
- Lahmon Wren – 2007
- Joe Smith - 2009
- Jimmy Jo Calvin- 2009
- Bob Sappington – 2010
- Clifford Caldwell-2013
- Mel Rupard-2013
- Ernest Woods—2013
- John Johnson—2013
- Michael Dalton--2013
- Jim Moore--2016
- Carl Long--2016
- Don Jones-2017
- Clay Austin-2017
- Sharon Donley-2017
- Ben Nieman- 2017
- Nick Kimbler- 2018
- Barbara Perry- 2018
- Jacob Zagorac- 2019
- Joy Woods- 2021
- Steve Walsh-2021
- Kristi Savage Clarke 2022

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**Next week:**

**Breakfast: June 25- Glen Sapp, Chris Felmlee, Leigh Kottwitz**

**Program- Kevin Martin- sleep apnea**

**Upcoming events:**

- **Arcie Sapp Blood Drive honoring Hudson Eller- June 29th 2:00-6:00 Ashland Optimist Building**

Will Blue came as a guest with Ernie Wren this morning and enjoyed a delicious breakfast, prepared by John Dougan, Bonita Lenger, and Bruce Glascock.

Rev. Elmer Schiefer shared a message about Father's Day, which will be celebrated tomorrow. He talked about the fact that whether our father is still living or not, we have a heavenly Father, who always loves us and deserves our constant honor and respect.

Jan Palmer spoke about the upcoming blood drive and read a thank you note from Gavin Blackburn regarding the scholarship he was awarded from the Optimists.

Our speaker this morning was Kelley Upham, who has been with Americare for twelve years and is currently a Regional Eldercare Advisor. She spoke about the difference between assisted living and skilled nursing facilities. She also spoke about the limitations of Medicaid, and Part D insurance in both of those facility types. She also spoke about VA Aid and Assistance benefits and benefits provided through the Masons. She also talked about the difference between Independent Living and Residential Care facilities and touched on self-pay and long-term health insurance to pay for care. For more information, you can contact her directly by email at [kupham@americareusa.net](mailto:kupham@americareusa.net) or by phone at 573-356-6807.

When Kelley finished speaking, she drew for the Attendance drawing. Marvin Bennett had a chance at riches, but Bruce Glascock was thrilled to say, "It pays to attend!"

After the meeting ended, Governor Elect Ernie Wren, Club President Jan Palmer, Bernie Bartel, Ken Bishop, and Dorise Slinker joined John Dougan at the Ashland City Park for the Fishing Derby. Over 100 kids and family members attended, with forty-two registering as participants. The largest fish caught was a fifteen-inch bass by a very happy young man!

*Letitia Den Hartog*  
[ashlandoptimist.org](http://ashlandoptimist.org)