



OPTIMIST
INTERNATIONAL

ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

June 17 2023

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Dana Cafourek	President
Lisa Barnum	VP
Jan Palmer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	
Bernie Bartel	
Ken Bishop	
Shawn Steelman	
Robert Blake	
Leigh Kottwitz	

COMING UP

The Pool is open for the season!
June 24 Sarah Barnett Int'l Blessings
June 24 - Fishing Clinic
June 28 Arcie Sapp blood Drive

**TAKE A MINUTE TO REMEMBER
THOSE WHO MADE US STRONG:**

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Joy Woods- 2021
Steve Walsh-2021
Kristi Savage Clarke 2022
Johnny Pauley 2023

Ashland Optimist Bulletin June 17, 2023

Happy Father's Day

Breakfast: June 24: Glen Sapp, Chris Felmlee, Leigh Kottwitz
Speaker- Sarah Barnett- International Blessings

Our next Bingo will be July 7th

We will be sponsoring our annual Fishing Clinic on June 24th, after our breakfast meeting, with John Dougan heading up this popular program. He will need several people to help him set up and others to help at the Ashland Park from 9:00-11:00.

The 18th Annual Arcie Sapp Blood Drive is scheduled in our building on June 28th from 2:00-6:00 p.m. We need donations of cookies, plus a few people to greet people who come to donate.

We had Bingo, including an \$1,199 game, on June 16th with 144 players and \$854 deposited from the kitchen.

This morning after an innovative breakfast of "McGriddle" ingredients, along with lots of fresh fruit and biscuits & gravy made by Dorise Slinker, Jennifer Lawson, and Carole Iles, President Dana Cafourek and the nominating chair presented the slate of officers, which included-

President: Leigh Kottwitz
Vice President: Ken Bishop
Past President: Dana Cafourek
Board members for 2025:
Bruce Glascock Tara Blue Marsha Lessley

Ernie Wren made a motion to accept the slate as proposed and it was accepted by acclamation.

Our speaker this morning was Dan Kuebler with the Missouri Organic Association. He had an early morning since he had to set up his stall at the Columbia Farmer's Market before he came to speak to us. He has had land on Hawkins Road since 1977, but now lives in Columbia. Dan has been involved with growing organic since the USDA originally started a National Certification program in the '90s. He is one of only a few vendors at the Columbia Farmer's Market who is certified organic by USDA.

Thirty years ago, in 1993, the Missouri Organic Association (MOA) was founded to help people work toward providing organic food items. There is much more to farming organic than not using pesticides and herbicides. Organic growing also involves cover crops, crop rotation, and other means to keep the microbiome in the soil healthy. Organic also involves livestock, agroforestry, grains, and horticulture. MOA offers mentoring and training to interested people.

One way they do this is through an annual conference at their headquarters in Hartsburg, MO. The Hartsburg Grand was donated to the MOA in 2020 by Bill Rotts and Sylvia Donnelly. They weren't able to use it much the first couple of years because of Covid, but held their 30th Annual Conference on Feb, 3 & 4 at the Grand and the Hartsburg American Legion building across the street. One of the speakers, Rick Clark from Clark Land and Cattle in Indiana spoke about just transitioning ten acres at a time. Another speaker, Gary McDonald has been farming 800 acres in Illinois organically since 1979, Dr. Leo Sharashkin spoke about the resilience of wild bees, which require no pesticides for mites and no winter feeding to survive and produce their honey. For more information, MOA's website is www.moaorganic.org.

After Dan was finished speaking and answering questions, he drew for the Attendance drawing. Doug Zeugin, Amy Knight, and Janet Popejoy had their chance at riches, but in addition to missing a fine breakfast and an interesting speaker, their numbers will be returned for another chance while the pot has a chance to grow.

Letitia DenHartog
ashlandoptimist.org