



OPTIMIST
INTERNATIONAL

ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

October 7 2023

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Dana Cafourek	President
Lisa Barnum	VP
Jan Palmer	Past Pres.
Barrett Glascock	Secretary
Heather Martin	Treasurer
Bruce Glascock	
Bernie Bartel	
Ken Bishop	
Shawn Steelman	
Robert Blake	
Leigh Kottwitz	

COMING UP

Oct 12 Board meeting
Oct 13-14 East Dist conference
Oct 20 Bingo
Oct 31 Halloween Spooktacular
Nov 11 Veterans Day Breakfast

TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Joy Woods- 2021
Steve Walsh-2021
Kristi Savage Clarke 2022
Johnny Pauley 2023

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Next breakfast: Oct. 14- Bernie Bartel, Donna Wobbe
Program- Kristy Jones, Assistant Superintendent, Southern Boone Schools

Our new Board will meet this Thursday, Oct. 12th, at 7:00 in the Optimist Board Room. For any questions, or if you would like to be added to the agenda, please contact Barrett Glascock.

The first Eastern Missouri District Conference of the year will be held in Columbia at Courtyard by Marriott on Fri., Oct. 13th and Sat. Oct. 14th. You do not have to be an officer or on the Board to attend, but you do need to register through Barrett if you are interested in attending.

Our next big event will be Spooktacular on Halloween, Tuesday, October 31, 5-7 p.m. Please help promote this to kids and organizations, businesses, families and individuals who would like to host a "Trunk or Treat" and pass out candy. We also need members to help provide or solicit prizes, serve as judges and welcome the community that night. [The form to host a trunk is up!](#) Flyers will also be available at Saturday's meeting.

Our next Bingo will be on October 20th. If you normally help on that team and won't be available, please let Barrett or me know.

A free Veterans Breakfast will be held at our building on Nov. 11 from 7:00-9:00 a.m. Contact Missy Bonderer at 573-694-9801 or mb10mcs@yahoo.com for ways to help. She is looking for members to help with setup, cook, and clean up, plus donations of supplies and raffle items.

We enjoyed a delicious breakfast this morning by John Travlos, with pumpkin French Toast casserole and muffins from Janeann and Ally Travelos, plus help from Bern Bonderer and Robert Blake. Barrett Glascock was back, and Ginny Lewis brought a guest, Nick Giger.

President Leigh Kottwitz opened the meeting talking about the damage that occurred at our building Wednesday night because of a stolen car and assured us that all four perpetrators were captured.

Madeline Bloss shared her need for help with youth basketball. Everyone should have received an email from her last week. Her main needs are gym supervisors on Saturdays starting in November and continuing through February since she will be on maternity leave for part of that time. She also is looking for someone to coordinate the referee schedules and she needs a 5th grade coach soon, since their practices begin this month. If you would like more information, consult the email that was sent out or contact Madeline at :**Madeline Bloss** Youth Basketball Coordinator 573-289-4614 | AshlandOptimistBasketball@gmail.com.

Our speakers this morning were Kelley and Andy Upton with the Columbia Chapter of Sleep in Heavenly Peace, a 501(c)(3) non-profit that builds and delivers beds to children, ages 3-17, who have no bed of their own. The program was started in 2012 by Luke Middleton in Idaho and now has 355 chapters throughout the United States and Canada. Kelley and Andy got involved through their church, Community United Methodist earlier this year, but they believe this is a program for the whole community. They discovered that 50% of students in Columbia qualify for free or reduced-price meals and that 16% of students live in extreme poverty.

It only cost \$250 to build a bed, with a mattress and bedding, and Sleep in Heavenly Peace has some fabulous sponsors, including Lowe's, Ashley, and Serta. Our local chapter is looking for people to donate pillows and bedding, plus possibly sponsor a bed build, which would provide a number of beds that the group decides on, with enough donations and volunteers to build those beds in four hours. Two volunteers are required for each bed in the goal amount and there would be eleven stations for all interests, including cutting, sanding, branding, and staining in a white vinegar bath. They are also looking for funds to sponsor the beds and people to help deliver them. One special need that they have is for IBC totes that they can use for the vinegar stain.

They are hoping to start in the 65202 zip code area because that is where they see the biggest need and hope to have their first bed build by next fall. For more information, you can contact them through their Facebook page, Sleep in Heavenly Peace- MO, Columbia, at kelly.upham@shpbeds.org or by calling 844-432-BEDS ext. 5588.

After they finished their information packed presentation, Kelley drew for the attendance drawing. Cheryl Field had her chance at riches, but with her absence, Bryan Chapman was thrilled to shout, "It pays to attend!" when his number was drawn.

Letitia DenHartog

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