



ASHLAND OPTIMIST CLUB  
Meeting Saturday Mornings @ 7:30 A.M.  
Optimist Drive, Ashland, MO 65010

June 15 2024

"You cannot do all the good the world needs, but the world needs all the good you can do."

### Optimist Board

Leigh Kottwitz President  
Ken Bishop Vice President  
Jan Palmer Lt. Gov, Zone 1  
Dana Cafourek Past President  
Barrett Glascock Secretary  
Heather Martin Treasurer  
Bruce Glascock  
Shawn Steelman  
Robert Blake  
Marsha Lessley  
Tara Blue  
Bernie Bartel

### COMING UP

June 21 Bingo  
June 22 Breakfast: Marcia Johnson, MODOT  
June 22 Fishing Derby  
June 26 Arcie Sapp Blood Drive

### TAKE A MINUTE TO REMEMBER THOSE WHO MADE US STRONG:

Carroll Sapp – 1987  
"Buddy" Glascock – 1988  
William Burnett – 1992  
Remus James – 1994  
Ron Marley – 1997  
Cecil Vaughn – 2001  
Billy Jo Sapp – 2004  
Marvin Sappington – 2004  
Arcie Sapp – 2005  
Kenneth Nichols – 2006  
Lahmon Wren – 2007  
Joe Smith - 2009  
Jimmy Jo Calvin- 2009  
Bob Sappington – 2010  
Clifford Caldwell-2013  
Mel Rupard-2013  
Ernest Woods—2013  
John Johnson—2013  
Michael Dalton--2013  
Jim Moore--2016  
Carl Long--2016  
Don Jones-2017  
Clay Austin-2017  
Sharon Donley-2017  
Ben Nieman- 2017  
Nick Kimbler- 2018  
Barbara Perry- 2018  
Jacob Zagorac- 2019  
Joy Woods- 2021  
Steve Walsh-2021  
Kristi Savage Clarke 2022  
Johnny Pauley 2023

### Ashland Optimist Bulletin June 15, 2024

**Breakfast: June 22- Brenda Austin, Bonita Lenger, John Dougan  
Program- Marcia Johnson, MODOT**

**John Dougan is coordinating our annual Fishing Derby at the Ashland City Park next Saturday from 9-10:30 and would appreciate at least four volunteers, if possible, to help with set-up, assisting young fishers, and clean up afterward, but more would be welcomed.**

**Our Annual Arcie Sapp Memorial Blood Drive will be in our building on Wed. June 26 from 2-6. We will need donations of cookies and sandwiches, plus need people willing to greet our donors. Please contact Leigh Kottwitz if you are able to help.**

**The next Eastern MO Convention will be held on Aug. 16-18 at Courtyard by Marriott in Columbia. Officer-elect training will be held on Saturday. This training is required for our elected officers if our club wants to earn points. In addition, the Governor's Choice Awards Banquet and installation of new officers will be held on Saturday evening, and a Memorial Service on Sunday. Contact Barrett if you are interested in attending.**

**Our next Cattlemen's Day Rodeo is the weekend of August 23-24. We will need help with the beer garden (contact Robert Blake), the concession stands, and selling tickets. We plan to have a sign-up list soon.**

**Please let Leigh Kottwitz know if you can help at the 2024 Ashland Fall Fest on Sept. 14th from 9 a.m.-4 p.m. Make sure you add this date to your calendar as well.**

The Optimist Board met on Thursday, June 13th. Since the President was not there, it was a quick meeting, but a lot got discussed, starting with the upcoming Fishing Derby and Arcie Sapp blood drives this month, and our 60th anniversary celebration in September. The FIG committee reported that the new air handlers have been installed and the ARPA funds from the County were received to pay the contractor.

The Board also voted to purchase two loads of gravel to fill the potholes on the corner of Henry Clay, to upgrade the wiring for the Bingo monitors which haven't worked lately, to approve four new members: Becky Blue, Wes Buffington, Tabi DenHartog, and Tillie Dowd, plus to provide \$1,000 to the Future Business Leaders from Southern Boone High School to help them attend their National Leadership Conference. The FBLA did very well at the State level and will send their team to the National Leadership Conference.

Our speaker this morning was Jackie Reed from Caring Hearts and Hands. She was introduced by Bernie Bartel who knew her from Mel Bartel's time using their service of on-site hospice care. Jackie was a nurse in the Boone Hospital system for 34 years, retiring in 2020 from palliative care. Last May, she and Dorreen Rardin started Caring Hearts and Hands ([www.CaringHeartandHand.org](http://www.CaringHeartandHand.org)) to provide the best care possible for dying loved ones in a home-like environment, at no cost, during the last month of their life. They can accept two guests at a time, who are referred through hospice, and are accepted on a first come, first served basis.

Many families are incapable of providing this care at home because of distance or physical issues. Also, there is currently a huge need for in-home care providers, which leaves nursing homes as the next option. In nursing homes, Medicare covers hospice services, but not room and board, which can be a financial stress for families. Caring Hearts and Hands can provide these services for free because they are volunteer run and sponsored by the community. They have provided care for fifty-two guests in the past year.

Their next fundraiser will be through Shakespere's on July 3rd. If you are interested, let me know and I can send you a copy of the flier to use. Private fundraisers provide 30% of their funds and they are a 501(c)3 charitable organization, so all donations are tax-deductible. Yearly, they do a Lights of Love Memorial event, where they line the sidewalks of Cosmo-Bethel park with luminaries that loved ones can purchase. Families also help by asking for memorial donations after a guest has died.

After Jackie finished her presentation, she drew for the Attendance drawing. Jenny Grabner, Jason Martin, and Felicia Diehl all had their chance at riches, but since they missed this morning's meeting, the pot will continue to grow.

*Letitia DenHartog*

[ashlandoptimist.org](http://ashlandoptimist.org)